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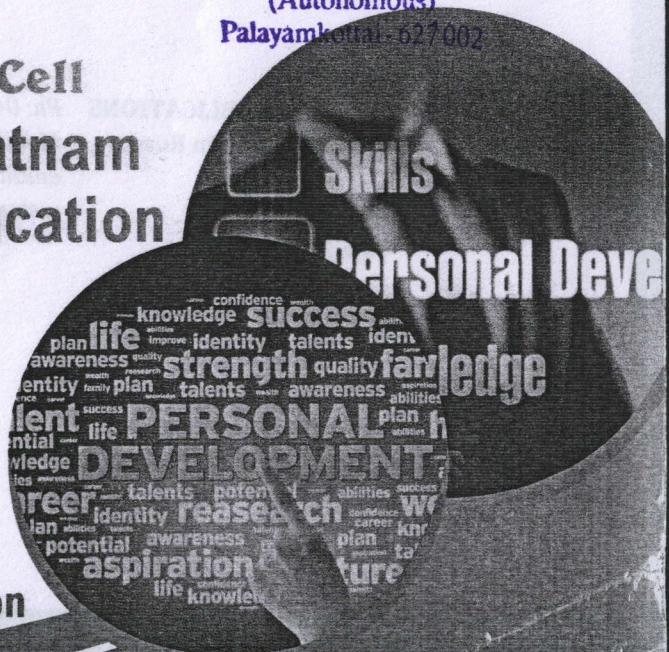
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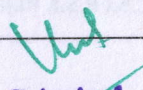
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LOCALITY AND STANDARD WISE ANALYSIS OF TIME MANAGEMENT OF HIGHER SECONDARY SCHOOL STUDENTS

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Abstract

This paper aims to find out the locality and standard wise analysis of time management of higher secondary school students. Effective time management improves the quality of life, as a whole. This is primarily because by managing the time, some of the most common problems such as stress and lack of time for personal interests, can be solved very effortlessly. Effective time management enables the person to lead the life peacefully, without much tension. This is because time management focuses on dividing the required time for each activity, so that the person doesn't feel exhausted at the end of the day. The research type was a survey method, which consists of purposive sampling of 63 higher secondary school students in Dindigul district. The investigator has adopted the time management scale prepared and validated by Arockiasamy and Premalatha, (2011). The interpretation of data was done with statistical methods in percentage analysis, mean, standard deviation and 't'-test.

Keywords: Time Management and Higher Secondary School Students

Introduction


Students need to manage time effectively if they're going to be successful. All other things being held constant, better time management skills can improve student's achievements, help them to keep stress in check and help them to be competitive in the career. Time management improves students' academic and personal performance. It refers to research on academic self-regulation and discusses time management strategies to help them to adjust how they think about time, improve their awareness of how they use time and make change for peak performance

Need and Significance of the Study

Students in general have very busy and stressful lives because they are attending classes, completing assignments and studying for exams. In addition they have their own daily routines and lifestyles that are necessary for creating balance between academics and extra-curricular activities. However, finding time to do everything at once can be challenging and overwhelming. This is where good time management skills come into practice. This is a skill that students need to learn. They must take the necessary approaches and apply these strategies in order to be effective and more productive. Having these skills gives students the ability to plan ahead and prioritize upcoming assignments and events. This is an important factor in keeping students organized and avoiding procrastination, which ultimately leads to academic success.

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Time management can be very useful in a student's hectic schedule. It ensures that students are well prepared, organized and focused to manage their daily lives and complete academic assignments on time. It can lead to improved success, however, this is a skill that students have to learn and practice. Students must change their habits in order to have good time management skills. This can only happen if students take the first step in identifying their problems. Good time management skills stems from the issue of prioritizing one's time effectively (Alex, 2009). Therefore, effective time management improves the quality of life. Thus knowing about time management is very important for higher secondary students. Hence, investigator has taken the topic for his investigation.

Objectives

1. To find out the level of time management of higher secondary students with regards to locality of the school
2. To find out the level of time management of higher secondary students with regards to standard
3. To find out whether there is any significant difference between rural and urban school students in their time management of higher secondary students.
4. To find out whether there is any significant difference between XI and XII standard students in their time management of higher secondary students.

Hypotheses

- H₀1:** There is no significant difference between rural and urban school students in their time management of higher secondary students.
- H₀2:** There is no significant difference between XI and XII standard students in their time management of higher secondary students.

Methodology

The investigator adopted the survey method for collecting data to have an analysis of time management of higher secondary students with respect to their locality of school and standard of the students.

Population and Sample for the Study

The population for the present study is 63. XI and XII standard students were selected through random sampling technique from the higher secondary schools of Dindigul district.

Tool

This study aims to analyse the time management of higher secondary students with respect to their locality of school and standard of the students. The investigator has adopted the time management scale prepared and validated by Arockiasamy and Premalatha, (2011).

Statistical Techniques Used

Percentage analysis and 't' test were used in this study.

Analysis of Data

Table 1
Level of Time Management of higher secondary students
with regard to their locality of school

Locality of the school	Low		Average		High	
	N	%	N	%	N	%
Rural	13	23.2%	31	55.4%	12	21.4%
Urban	2	28.6%	5	71.4%	0	0.0%

Table 2
Level of Time Management of higher secondary
students with regard to their standard

Standard	Low		Average		High	
	N	%	N	%	N	%
XI	4	16.7%	15	62.5%	5	20.8%
XII	11	28.2%	21	53.8%	7	17.9%

Table 3
Difference between rural and urban school students in
their time management of higher secondary students

Locality of the school	N	Mean	SD	Calculated 't' value	Table value	Remarks at 5% level
Rural	56	69.41	8.612	1.58	1.96	NS
Urban	7	63.86	9.990			

(At 5% level of significance the table value of 't' is 1.96) (NS - Not Significant)

Table 4
Difference between XI and XII standard students in their time
management of higher secondary students

Standard	N	Mean	SD	Calculated 't' value	Table value	Remarks at 5% level
XI	24	69.88	9.242	0.75	1.96	NS
XII	39	68.13	8.676			

(At 5% level of significance the table value of 't' is 1.96) (NS - Significant)

Results and Discussion

- ❖ Table 1 shows the level of time management of high school students with regard to their locality of school. It is revealed that 21.4% of the rural and 0.0% of the urban school students have high level of time management.
- ❖ Table 2 shows the level of time management of high school students with regard to their standard. It is revealed that 20.8% of the XI standard and 25.3% of the XII standard students have high level of time management.
- ❖ The table 3 reveals that there is no significant difference between rural and urban school students in their time management of higher secondary students.
- ❖ The table 4 reveals that there is no significant difference between XI and XII standard students in their time management of higher secondary students.

Recommendations

- ❖ Train the students on an effective time management skills.
- ❖ Teachers should create interest to the male students by giving assignments, seminar related with managing the time.
- ❖ Teachers have to train the students how to prepare the to-do list on a daily basis and plan and workout maximum task to be completed within the minimum available time period.

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